



Sprouting Lilies in Stagnant Water

Zakia took birth in the house of a labor Wazir Zada of Village Deolai, whose gross monthly ranges from of PKR 4000-5000. Zakia is the youngest among 3 sisters and 3 brothers. The gap between last two children is one year. She looked weak and ill by birth however her physique kept deteriorating with every passing day. The parents consulted number of doctors but of no help. On a fortunate day, the parents through a relative came to know about the CERD SFP Centre in RHC Doaba. "It was a turning point in my kid's life" declared the Father. The girl was admitted on August 18, 2012 in the program and from there on the kids was paid fortnightly visits to the center...



Following the tradition, she was given honey immediately after birth. Then she was given mother feed as well as fresh milk besides the unawareness of Zakia's parents about complementary feeding and carelessness, other causes of her malnourishment were found as following.

Poverty, Insufficient & Inadequate food. Lack of health hygiene practices. Father occupation does not support healthy nutrition. Source of income does not parallel with the improper birth space.

"When my daughter was admitted to SFP at RHC Centre Deolai, we were very worried. We didn't know what is wrong with our child, she always looks weak & ill," says her mother. "We have consulted many children specialists doctor but her health was deteriorating day by day. Then one day one my relative told us about the SFP center in the RHC Deolai. It was a turning point in my daughter's life, when CERD CMAM team approached us and admitted my daughter in their regular programme on August



18, 2012. CERD CMAM team told us that the child is too weak due to malnutrition.. Zakia was admitted in Supplementary Feeding Program (SFP) and visited the RHC seven (7) times during this time. We didn't know anything about what they were saying. They gave some sachets for Zakia and some biscuits for our children "We were amazed to found our child quite healthy on the 7th visit. We are very happy and pray for every success of the CERD CMAM staff and the organization.

We are happy not only because of our kid's good health, but also for the knowhow which can save our children from malnutrition within our economic limits. Thanks to the programe", Wazir Zada said.